

# Integrating LLM Usage in Gamified Systems

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**Abstract:** - In this work, a thorough mathematical framework for incorporating Large Language Models (LLMs) into gamified systems is presented with an emphasis on improving task dynamics increasing user engagement, and improving reward systems. Personalized feedback adaptive learning and dynamic content creation are all made possible by the integration of LLMs and are crucial for improving user engagement and system performance. A simulated environment is used to test the framework's adaptability and demonstrate its potential for real-world applications in a variety of industries including business healthcare and education. The findings demonstrate how LLMs can offer customized experiences that raise system effectiveness and user retention. This study also examines the difficulties this framework aims to solve highlighting its importance in maximizing involvement and encouraging sustained behavioral change in a range of sectors.

**Key-Words:** - Gamification, LLM, AI, Artificial Intelligence, User engagement, Mathematical Model.

Received: October 2, 2024. Revised: January 16, 2025. Accepted: February 19, 2025. Published: April 10, 2025.

## 1 Introduction

Gamification has become a potent instrument for raising user motivation and engagement in a variety of industries including business healthcare and education, [1], [2]. By integrating game features like challenges rewards and feedback in non-gaming contexts gamified systems have enhanced user engagement learning outcomes and behavioral change. It is possible to further improve these systems by enabling adaptive learning personalized feedback and dynamic content generation with the rise of cutting-edge technologies like Large Language Models (LLMs), [3].

Although gamification and LLMs have been examined separately, little is known about how they can be combined into a single framework, particularly in mathematical modeling. Not considering the potential of LLMs and the growing interest in gamification, not much has been done to combine these technologies into a coherent framework systematically. The study reported in this paper examines the framework for integrating LLMs into gamified systems to improve task dynamics, user engagement, and system performance. The study specifically has as its main objectives to comprehend how LLMs can impact behavior learning and engagement in various real-world applications.

Creating a framework that formally incorporates LLMs into gamified systems is the primary goal of

this research. The framework will incorporate dynamic and personalized capabilities and concentrate on user engagement, task adaptation, and reward mechanisms. In order to clarify the potential advantages of LLM-enhanced gamification, the study also studies the real-world applications of this framework in sectors like retail, healthcare, and education. The purpose of developing a systematic method for incorporating LLMs into gamified systems is to close the gap between theoretical models and practical applications.

The basis of the study's methodological approach, includes application exploration, simulation design, and mathematical framework development.

The research reported here is relevant because it presents a thorough mathematical framework for incorporating Large Language Models (LLMs) within gamified systems.

Although earlier research has examined LLMs and gamification independently, formalized mathematical models have been scarce that clearly articulate user engagement dynamics, task adaptation, and reward optimization. This study introduces an innovative mathematical model, validates it through simulation, and offers a framework applicable across various industries.

Here we present differential equations that quantitatively characterize reward mechanisms task

adaptation and user engagement. This study shows the framework's efficacy across several domains by implementing and testing it in a simulated environment in contrast to earlier conceptual studies. The method described in this paper is very flexible and can be used in retail healthcare and education settings. By offering a systematic data-driven method for gamified experience optimization with LLMs this research closes a significant gap and makes a significant contribution to both academia and business.

## 2 Problem Formulation

Gamification and artificial intelligence (AI) integration have gained significant attention across multiple fields.

### 2.1 Gamification in Education and Healthcare

Gamification has been widely used in education to improve learning outcomes and student engagement. Many studies show how game-based approaches can promote student motivation and active learning, [4], [5], [6], [7]. Gamification contributes to increased engagement. Consequently, it leads to learning outcomes in education [4], [8]. The same occurred with gamified healthcare systems. [9]. Gamified healthcare systems also have demonstrated potential for enhancing patient compliance and promoting healthy behaviors, [10], [11], [12], [13].

### 2.2 Role of LLMs in Adaptive Learning

The LLMs' ability to produce context-aware and personalized content has shown much promise, [1], [14], [15]. Additionally, LLMs dynamically modify task difficulty and enable real-time feedback, assuring constant levels of engagement, [16]. The user experience is improved by these models' ability to modify tasks and offer real-time feedback dynamically [3], [17], [18], [19].

### 2.3 Modeling Gamification

The theory suggests that to be effective, the gamification needs to find a balance between user engagement and the difficulty of tasks, [20], [21]. Gamification has evolved so much in the last few years, which may be verified by the increasing number of frameworks proposed either by researchers or practitioners, [5]. Some researchers emphasize the significance of reward structures. [22]. Other authors [23] studied models aiming to enhance gamified systems, including aspects like task progression and reward allocation, [21], [22].

## 3 Method

The methodological approach used in the research reported in this paper is deductive, involving developing a mathematical model. Then, I designed a simulation to test and explore implications. Finally, some real-world scenarios were explored.

### 3.1 Mathematical Framework Development

A model for user engagement task adaptation and reward optimization was developed. The primary equations encompass user engagement dynamics, task adaptation, and reward optimization.

- User Engagement Dynamics:  
$$dE/dt = \alpha R(t) - \beta D(t) \quad (1)$$

- Task Adaptation:  
$$Ti(t+1) = Ti(t) + \gamma (U(t) - Si(t)) \quad (2)$$

- Reward Optimization:  
$$R(a_t) = w_1 G(a_t) - w_2 C(a_t) \quad (3)$$

These equations are the theoretical basis for combining LLMs into gamified environments.

### 3.2 Simulation Design

A simulated environment was developed to evaluate the framework. The simulation consisted of 3 steps. First, user profiles featuring variable engagement rates were defined. The progression of task difficulty is contingent upon user performance. Then a reinforcement learning algorithm was designed to enhance user actions.

### 3.3 Application Exploration

The framework was analyzed for its applicability across industries. Specific use cases were outlined to demonstrate adaptability and impact.

## 4 Results

### 4.1 Mathematical Framework Development

The framework previously described is developed by combining the analysis of user behavior (applies behavioral modeling), the dynamics of tasks (using dynamic systems theory), and optimization methodologies (reinforcement learning concepts).

#### 4.1.1 User Engagement Dynamics

A differential equation is employed to characterize the rate of change in user engagement,  $E(t)$ , as it is affected by both reward mechanisms and factors contributing to disengagement.

$$dE/dt = \alpha R(t) - \beta D(t) \quad (4)$$

Where:

- $R(t)$  is the Reward rate and represents how the system motivates the user.
- $D(t)$  is the disengagement rate, describing how external or internal factors cause users to lose interest.
- $\alpha$  and  $\beta$  are coefficients that adjust the impact of  $R(t)$  and  $D(t)$  on engagement.

This model explains the user retention prediction and identifies optimal reward structures for sustained engagement, [24], [25], [26].

#### 4.1.2 Task Adaptation

In gamified systems, it is essential for tasks to adapt to user performance. This approach employs iterative adjustment models to modify task difficulty,  $T_i(t)$ , by taking into account user performance  $U(t)$  and the success rate of tasks  $S_i(t)$ .

$$T_i(t+1) = T_i(t) + \gamma (U(t) - S_i(t)) \quad (5)$$

where:

- $U(t)$  measures the ability of the user, such as success rate or completion time.
- $S_i(t)$  tracks the success measure of the system in a task.
- $\gamma$  is a parameter controlling how quickly tasks adapt.

This model was previously supported in the literature [27], considering that users avoid frustration or boredom.

#### 4.1.3 Reward Optimization

The temporal motivation theory is used in the decision-making models to maximize rewards [28]. Consequently, reward  $R(a_t)$  for a specific action  $a_t$  may be represented mathematically by:

$$R(a_t) = w_1 G(a_t) - w_2 C(a_t) \quad (6)$$

where:

- $G(a_t)$  is the long-term gain from the action.
- $C(a_t)$  is the immediate cost.
- $w_1, w_2 > 0$  are the weights that balance the importance of long-term benefits related to the short-term costs.

#### 4.1.4 Reinforcement Learning

In the context of machine learning, reinforcement learning may be used. Specifically, as a reinforcement learning algorithm, Q-learning may be trained as an agent to assign values to possible

actions based on its current state. It also has the advantage of being a free model. That means that it does not need a model of the environment. It uses Q-learning, which updates the quality ( $Q$ ) of an action taken in a state  $s_t$ :

$$Q(s_t, a_t) = r_t + \delta \max_{a'} Q(s_{t+1}) \quad (7)$$

where:

- $Q(s_t, a_t)$  measures the value of acting at in state  $s_t$ .
- $r_t$  is the immediate reward received after performing  $a_t$ .
- $\delta$  is the discount factor, weighing future rewards.

## 4.2 Simulation Outcomes

Figure 1 (Appendix) shows the impact of changing  $\alpha$ ,  $\beta$ , and  $\gamma$  on user engagement and task difficulty.

The chart indicates that an increase in  $\alpha$  results in a more rapid user engagement growth. In addition, the data shows that a higher  $\beta$  leads to a more noticeable decline in user retention. The chart also illustrates the influence of  $\gamma$  on the fluctuations in task difficulty.

The simulation confirmed that the framework proposed in this paper contributes to effectively maintaining user engagement, maximizing rewards, and adjusting tasks in real time. Performance indicators demonstrated enhanced user retention and increased success rates when generative AI is incorporated into gamified environments.

The findings from the simulation offer a meaningful understanding of the relationship between user engagement, task adaptability, and reward systems in a gamified context augmented by using generative artificial intelligence. These findings support the validity of the proposed framework.

#### 4.2.1 User Engagement Over Time

The initial chart in Figure 2 (Appendix) shows the user engagement ( $E(t)$ ) progression throughout the simulation period from steps 0 to 100. The horizontal axis indicates the time steps, while the vertical axis shows the user's engagement level, which ranges from 0 to 1. The engagement level exhibits variations over time influenced by the dynamics of rewards ( $R(t)$ ) and factors contributing to disengagement ( $D(t)$ ): early stage, intermediate variations, and long-term stabilization.

In the early moments of the simulation, engagement generally increases significantly due to substantial rewards that motivate the user.

Over time, engagement levels generally reach a state of stability or exhibit cyclical variations. This

indicates the system's capacity to adaptively modulate the challenges associated with sustaining user interest and motivation. Employing a careful mix of incentives and penalties for disengagement enables the system to enhance user retention.

#### 4.2.2 Task Difficulty Adaptation

The second chart in Figure 2 shows the progression of task difficulty as a function of time ( $T_i(t)$ ). The adjustment of task difficulty is influenced by user performance ( $U(t)$ ) and the desired success rate ( $S_i(t)$ ) considering:

- Dynamic Adjustments
- Stable Difficulty Levels
- Insights

Task difficulty is designed to escalate when the user demonstrates proficiency, while it diminishes if performance falls short of the established target. The difficulty level sooner or later stabilizes as the system refines its adaptive capabilities, maintaining an equilibrium that prevents tasks from becoming excessively simplistic or extremely challenging for the user. This mechanism of adaptive difficulty is essential for continuing user engagement. A fast increase or decrease in difficulty can lead to user frustration or a lack of challenge. This adaptability focuses on the fundamental advantage of incorporating large language models into gamified environments: real-time adjustments to difficulty based on user performance to ensure an optimal experience.

#### 4.2.3 Interrelationship between Engagement and Difficulty

From game practice and studies expressed in flow theory [29], engagement is expected to diminish when the difficulty of a task exceeds the user's capabilities. Consequently, users may feel crushed and disengaged if the challenge is too difficult. On the other hand, when tasks are excessively simplistic, users may experience a decline in interest due to insufficient challenge, which can also lead to reduced engagement.

The most effective engagement occurs when task difficulty is continuously adjusted to the user performance, achieving an equilibrium between challenge and reward.

These insights emphasize the dynamically calibrated task difficulty needed to maintain user engagement over long periods of time.

#### 4.2.4 Sensitivity to Parameter Settings

The result of the simulation allows us to illustrate the sensitivity of the system to critical parameters [30], including  $\alpha$ ,  $\beta$ , and  $\gamma$ .

The reward coefficient ( $\alpha$ ) affects the rate at which engagement responds to rewards. A higher  $\alpha$  value results in an immediate increase in engagement upon introducing rewards [31].

The disengagement coefficient ( $\beta$ ) influences disengagement in the system. A higher  $\beta$  leads to a faster decline in engagement when disengagement factors are pronounced [31].

Adaptation rate ( $\gamma$ ) regulates the speed at which task difficulty is modified in response to the user's performance. A higher  $\gamma$  enables quicker adjustments, although it may also result in sudden changes in task difficulty.

#### 4.2.5 Summary of Findings

The simulation confirms the efficacy of the proposed framework. It shows the capacity of this system to improve user engagement and tailor the task's difficulty within a gamified context. The system can dynamically modify task challenges and rewards by incorporating LLMs, maintaining user interest and motivation.

The following section explores the implications of these results for multiple industries, emphasizing the practical uses of this framework in fields such as education, healthcare, and entertainment.

### 4.3 Applications Across Industries

Table 1 shows a complete overview of the potential applications of the framework across various industries, outlining specific objectives, implementation methodologies, and anticipated outcomes. It emphasizes the goals strategies for implementation, and the expected benefits of employing artificial intelligence in many industries or other human activities.

Gamification has already made significant progress in education and produced positive results. However, the incorporation of generative artificial intelligence still offers opportunities for customizing educational experiences, [32]. For example, adaptive learning tasks can be implemented using LLMs, delivering real-time feedback and adjusting the difficulty level answering to a student's performance. For example, a student encounters difficulties with mathematics. The system could generate additional simplified explanations, create new practice problems, or supply alternative learning resources designed according to the student's needs. This customized approach may

improve educational outcomes and reduce abandon rates, as students are more likely to engage with material that aligns with their current understanding and learning pace.

Table 1. Applications of the LLM-Integrated Gamified Framework

Industry	Objective	Implementation	Expected Impact
Education	Enhance student engagement	Adaptive learning tasks using LLMs for real-time feedback and content personalization	Improved learning outcomes and retention rates
Healthcare	Motivate healthy behaviors	Personalized health challenges and fitness tracking with AI-generated advice	Better patient compliance and healthier lifestyles
Retail	Increase customer loyalty	AI-driven rewards programs tailored to shopping behavior and preferences	Higher customer retention and increased sales
Corporate Training	Improve employee skills	Scenario-based training simulations with real-time feedback and dynamic difficulty adjustment	Accelerated skill acquisition and employee satisfaction
Entertainment	Create immersive experiences	Interactive storytelling powered by LLMs that adapt narratives to user choices	Enhanced user engagement and satisfaction

In healthcare gamification and serious games have produced varied outcomes, [33], [34]. For instance, AI-generated health can be customized to align with an individual's fitness level, such as proposing a walking experience for beginners and experienced runners. The LLM can provide real-time guidance and feedback, modifying the challenge's intensity based on the user's progression. Patients who receive adapted advice and challenges are more persuaded to remain motivated and adhere to health regimens. Obviously, the result will be an improved long-term health outcome.

While gamification has been a research subject in several business areas, LLMs present an opportunity to enhance customer loyalty through personalized rewards programs. For example, an online retailer could offer customized discounts or exclusive deals based on a customer's past shopping behavior. The LLM can monitor a customer's preferences and purchase history to deliver adapted

recommendations and rewards that resonate with individual tastes. Such a high degree of personalization can foster greater customer retention, as individuals feel valued and are more likely to return for future purchases.

LLMs can significantly improve employee training in many companies. An area of application could be facilitating scenario-based simulations, [35]. For example, a customer service representative could participate in interactive role-playing scenarios driven by LLMs. These simulations would adapt in real-time, increasing complexity as the employee's skills develop. Feedback from the language models could provide guidance and suggest improvements for the employees' responses in various situations. This adaptive training approach accelerates skill development and may contribute to employee satisfaction as the training experience becomes more relevant and engaging.

LLMs have the potential to change interactive storytelling by customizing experiences to user decisions within the context of entertainment. For instance, the narrative can change in a video game context in response to the player's choices, [36]. However, if this approach is improved by using generative artificial intelligence tools, like language models, it can create new dialogues or develop plots that reflect the player's actions. This results in an exclusively personalized experience, where the storyline is fluid and evolves according to the player's engagement with the game. Subsequently, users are more likely to remain engaged and satisfied, perceiving their decisions as directly impacting the narrative's progression, [37].

Additionally, generative artificial intelligence tools play a critical role in enhancing gamified systems through their ability to facilitate real-time adjustments, provide tailored feedback, and generate dynamic content. In education, for example, a generative AI-based system can evaluate student inputs and produce adapted practice exercises, explanations, or hints, modifying the difficulty based on prior interactions. In healthcare gamification driven by artificial intelligence can foster patient engagement by adjusting health-related challenges in real-time, delivering AI-generated motivational messages, and offering suggestions that align with user progress. In retail customer engagement can be elevated through AI-enhanced, gamified loyalty programs, where LLMs analyze consumer behavior to create personalized rewards and incentives. Not only in education but also in corporate training can use generative artificial intelligence to develop interactive simulations that modify task complexity following

employee performance, thereby ensuring a stimulating and adaptive learning environment.

## 5 Discussion

In education, the adaptive characteristics of generative artificial intelligence ensure that learners are continually challenged while avoiding feeling overwhelmed. In healthcare, these models exhibit the potential to facilitate behavior modification through tailored challenges. Retail applications underscore the capacity to enhance customer loyalty by anticipating preferences and providing immediate rewards. These insights imply that the proposed framework effectively bridges the divide between user engagement and system adaptability, rendering it a significant asset across multiple fields.

The study reported in this paper contributes to modeling real-time adaptability in generative artificial Intelligence-driven gamification and establishes a framework that can be validated across various industries. In contrast to previous qualitative analyses, [24]. This work also introduces quantitative engagement and task adaptation models. The framework summarized here allows for dynamic adjustments in engagement levels and task difficulty. This may increase the responsiveness of gamified systems. A brief overview of potential implementations of the framework in education, healthcare, and retail is provided, highlighting its extensive applicability.

Although this work presented here is an approach to incorporate artificial intelligence into gamified systems it is essential to recognize certain limitations. Computational demands in processing pose significant challenges for large-scale applications, which may require the development of optimized architecture or hybrid artificial intelligence solutions. The other issues that may arise are ethical issues. The first problem may be data privacy, as personalized engagement strategies often involve substantial data collection. Second, the potential biases in content generated by generative artificial intelligence to ensure equitable and inclusive user experiences. Future studies consider those limitations previously referred to. But future studies may also focus on the development of lightweight language model architectures and the improvement of interpretability.

## 6 Conclusion

This paper suggests a mathematical framework to show how combining LLMs into gamified systems

might improve user engagement, modify task dynamics, and maximize reward systems. The research offers a strong theoretical foundation for integrating LLMs into gamified systems. The simulated environment also confirmed the proposed framework's usefulness, demonstrating how real-time modifications to user performance may produce a more immersive and customized experience.

The simulation findings show that the LLM-enhanced gamified system can maintain user interest by dynamically adjusting to each user's needs. The relationship between task difficulty and engagement showed how important it is to balance obstacles and attainable objectives to sustain motivation and interest.

The possible applications in other industries were examined, emphasizing how this integrated strategy might greatly enhance the retail, healthcare, and education sectors. AI-powered challenges in the healthcare industry can encourage consumers to lead better lives by providing personalized guidance and engaging exercise regimens. Because of its adaptability, the framework can be used in a variety of contexts, increasing task results and user retention.

By recommending that future research concentrate on improving these models to handle more complex user behaviors, adding more machine-learning techniques, and broadening the range of applications, this paper establishes the groundwork for future studies into using LLMs in gamified environments.

The upcoming work is expected to explore a real-world case study. The insights derived from this case study will be essential for comprehending the practical application of AI in educational technology and will inform future developments in adaptive learning systems.

### *Acknowledgement:*

Thank you to the reviewers who gracefully gave valuable and constructive comments. The author acknowledges financial support from the Fundação para a Ciência and Tecnologia (FCT Portugal) through research grant numbers ADVANCE-CSG UIDB/04521/2020.

### **Declaration of Generative AI and AI-assisted Technologies in the Writing Process**

The author wrote, reviewed and edited the content as needed and they author has not utilised artificial intelligence (AI) tools. The author takes full responsibility for the content of the publication.

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### **Contribution of Individual Authors to the Creation of a Scientific Article (Ghostwriting Policy)**

Only one author:

### **Sources of Funding for Research Presented in a Scientific Article or Scientific Article Itself**

No funding was received for conducting this study

### **Conflict of Interest**

The authors have no conflicts of interest to declare that are relevant to the content of this article.

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## APPENDIX

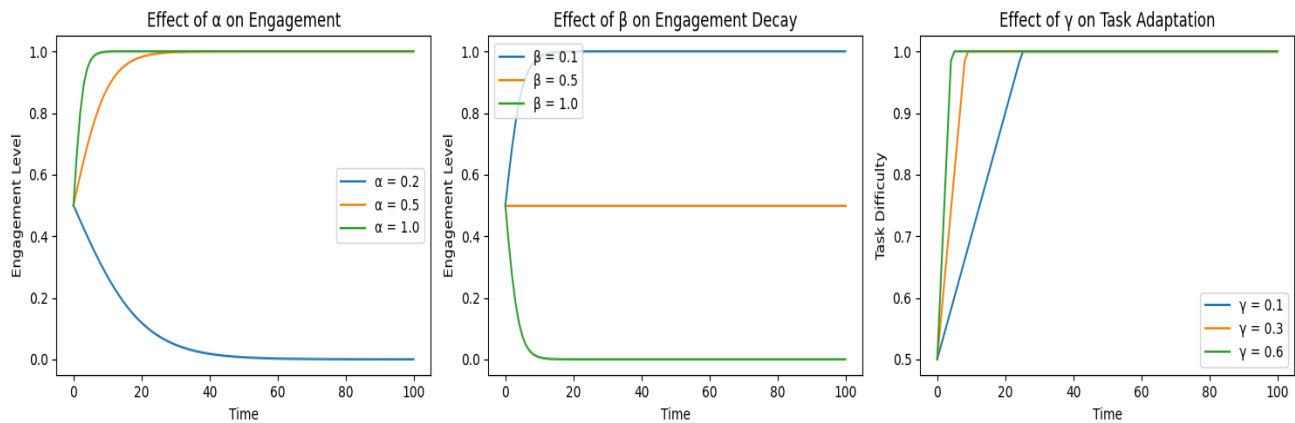


Fig. 1: Effect of  $\alpha$ ,  $\beta$ , and  $\gamma$  on user engagement and task difficulty over time

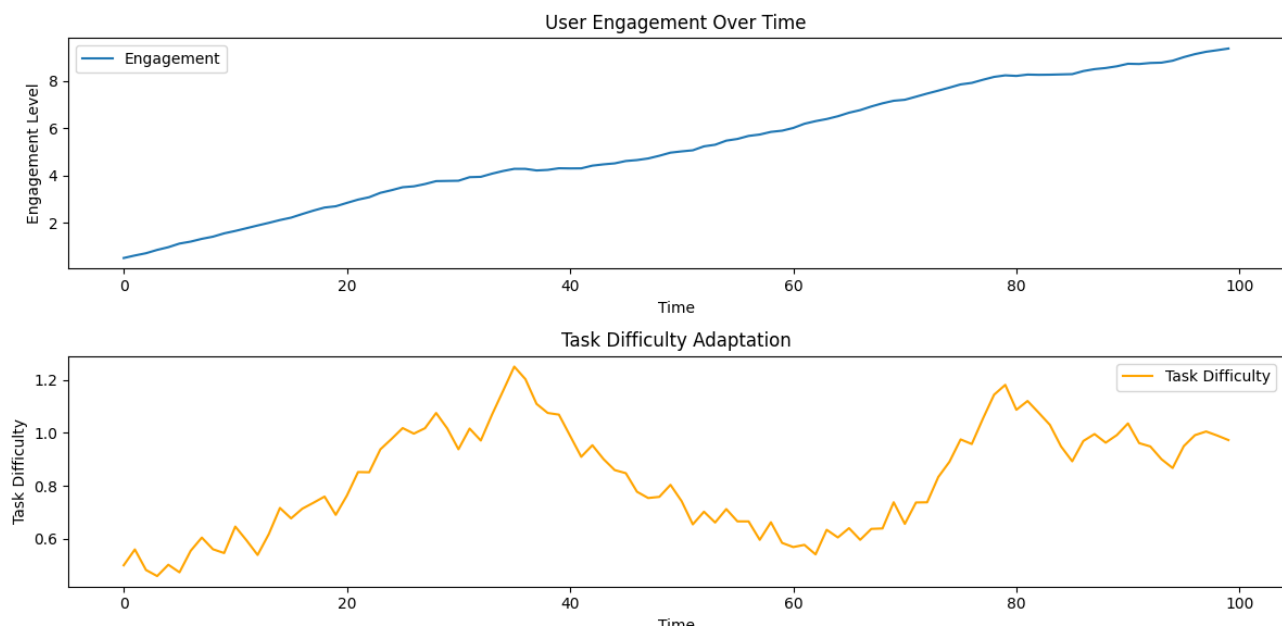


Fig. 2: User engagement over time and Task difficulty adaptation