# Advising, an indispensable element in training students. Usefulness of POSDRU grants.

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*Abstract:* The present work aims at improving the ability of innovation of institutions for education and training through advisory activities for students in order to prepare them for society and for the environment.

In this paper are presented efficiency analysis of career counseling activities in the framework of a European project. Demonstration of the appropriateness of professional counselors will be made on the basis of a pilot group of students advising in career as part of a European project, co-financed by the EUROPEAN SOCIAL FUND, Sectoral operational program Human Resources Development 2007-2013, Priority axis no.2 "Linking learning with lifelong labor market", Major field of intervention no. 1.3 "Transition from school to life", Project title: "Partnership developed for advice and practice of students in order to increase their employability-CONPRACTIS", Contract no.: POSDRU/189/2.1/G/156607.

Counselling and career guidance are important for students in order to gain the relevant skills and competencies for a job and the right attitude towards work, sense of responsibility, gaining practical experience in the workplace, the ability to solve new problems and to understand the context in which action must be taken; the ability to adapt to any working conditions, the provision of "affective competence" relevant, appropriate social skills. Many studies and European statistics highlight the relationship of dependency between the welfare economy and education level but, at the same time, draw attention to the danger of "scatter" one of the most valuable resources-human resources.

Correspondence between the quality of vocational training, on the one hand, and the requirements of the labor market on the other hand, is essential in a knowledge-based economy.

Research shows that the unemployment rate among young people may cause permanent sequelae, such as an increase in the risk of being unemployed in the future, low levels of future earnings, loss of human capital, the transmission of poverty from one generation to another or a lesser motivation.

One of the reasons identified is the lack of experience to submit to the interview, on condition that the student does not have the experience of another job, but neither-and leverages and presents it in a way convincing powers and abilities held when â when attending the interview.

Key-Words: - motivational advice, innovation, competences, students, grants.

### 1. Introduction

The company, which is constantly changing, the need for knowledge is marked by rapid, complete, and accurate to reality in order to take responsible decisions, timely, reliable and fast.

The volume of information that must be stored and processed on computer use is increasing, and it is essential in any work activity.

In a society in the process of modernization, where demand for services is constantly growing, in addition to the *computer science competence*, becomes necessary and *specialized human competence* in order to ensure efficiency and competitiveness.

# 2. Problem formulation, CONPRACTIS Innovation

Competence is defined, according to the Romanian Occupational Classification, as a person's ability to use and combine the knowledge, skills and attitudes that are specific to certain values demonstrating personal and professional to accomplish work activities to the quality level specified in an occupational standard.

Counseling model in 4 successive stages to follow are:

stimulation of innovative learning ability, which is consistent with the rapid social change of the contemporary society;

securing a permanent feed-back, having the opportunity to redesign the work depending on the previous sequence;

☐ fostering logical thinking and imagination;

stimulate open and sincere communication;

developing a personal portfolio to submit to an interview for a position compatible with the powers held by the student.

Methodology of the advisory process has been Project-based learning. Work-based learning projects (Project-based Learning (PBL)) represents a model for long-term activities, interdisciplinary and student-oriented, integrated into the situations and real world practices.

The method is relevant because it is based on realworld activities, where students relate to work in a real way, having the opportunity to use and develop skills and knowledge.

The method emphasize student's ability to create major works and their need to be evaluated, aiming to increase the innate desire of students to learn, and having the ability to control the learning process.

The ability to choose and control the process, and the chance to collaborate with fellows amplify motivation.

The effectiveness of the method is given to the constructive approach of learning by the fact that in a group there are different individuals with different learning styles and capacities, which come from different social backgrounds.

The pattern for conduct of consulting process involved 4 successive stages, namely:

☐ E.1. Basic competencies specific to occupations of engineer-computer usage;

☐ E.2. Core competencies specific to occupations of engineering-measurement tools;

□ E.3. Trans-occupational powers-teamwork, PBL:

☐ E.4. Trans-occupational personal-marketing expertise.

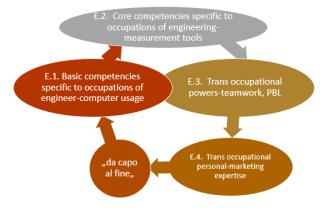


Figure 1: Consulting process stages [1]

### 3. Problem Solution

The first stage i.e. "The development of the basic occupations specific powers of engineer-computer usage" provides the framework within which it can be the relevance offer of various educational disciplines (related program of study).

The organization is represented by a workshop with duration of 5 days, to update the powers of computer use, specific to the field of engineering and preparing students to support an employability test with practice sample.

second stage i.e."Development The occupations specific powers of engineer-measuring instruments" offer students the opportunity to demonstrate the practical skills which they hold relating to the use of measuring instruments, considered by employers one of the core competencies for every engineer, being a condition of employment at the knockout. The organization is represented by a workshop, lasting 5 days for updating the basic powers of any engineer and preparing students to support an employability test with the samples. Way of organizing knowledge and use of measuring instruments and control.

The third stage i.e. "Development trans occupational powers-teamwork, PBL" has targeted the Top 10 powers of employers, such as teamwork, leadership, communication and presentation. management, creative and motivating others.

Most students hold those powers to a certain level and they usually have been gained without awareness of learning processes. These powers are not explicit objectives of rule sessions, classes, subjects, but their components are found in almost all interactions of formative type.

This step followed on the one hand, enable this can partially dormant powers, on the other hand, awareness of their importance from the perspective of employers and providing support for the inclusion in the employment portfolio, personal and professional presentation of these values.

How to organize an interactive session with the presumed duration of 3 days, in the residential system, using the methodology of PBL (project based learning) through which one observes in practice and strengthen the presentation skills, communication, teamwork, leadership, management, and more.

Fourth-stage development of personal competences trans-occupational - marketing completion of counseling and exploitation of the results" obtained previously for the purpose of entering it. This phase involved establishing an individual's portfolio, which contains:

☐ Updated CV, euro pass format, in Romanian and	These things are a problem in my life.		
English language;	☐ The fact that we were involved, and I even		
A letter of intent for employment adapted to the	made the front of opponents.		
specific requirements of an employer;	The fact that the discussions were free, I could		
feedback from a simulated interview;	tell his own opinion.		
□Vision document;	☐ I've found the ability to analyze texts at first		
Transition report, which is a custom feed-back	glance and that this has caused me to be more		
profile for each student, observed and demonstrated	courageous.		
on the route advice. The organization consisted in a	☐ Today's Challenges, from cooking contest unti		
workshop whereby each student has completed the	the final test to change the team.		
entire employment Portfolio.	☐ That I realize that it may more and that gives		
A THE VALUE ADDED	me confidence in myself.		
A. THE VALUE ADDED	☐ Interactive Manner in which he conducted the		
Feed-back sheets provided information gathering	activity.		
based on perceptions, regarding issues related to the	The duel between the teams. The lightness in communication. The fact that we were placed		
participants, the contents, the Organization of the sessions, as shown from the primary analysis below.	_		
* *	facing a confrontation with the (debate).		
These elements are already structured around	Diversification of teaching style.		
questions from feed-back sheets and represent an expression of the value added by activity organized,	I was upset		
and which may constitute landmarks for the future	It is worth noting that the number of aspects		
transfer of their normal practice [2]. This transfer is	which have disturbed is visibly lower than that of those who have been appreciated. Should be		
necessary to be moderate, coordinated through	encouraged to identify free opening all the		
experiential sessions coupled with individual	elements which can be improved!		
coaching sessions.			
I liked	The lack of hot water, and (for a few hours on the first day) that he took the shower during the		
Are aspects which can be enhanced through the	presentation.		
atmosphere, and thus may increase the	Anything related to this course, maybe just the		
attractiveness and effectiveness of the learning	fact that I don't have enough courage.		
process? These details can be greatly increased	☐ That ends today.		
the motivation of the participants-just repeated,	☐ That did not participate in interviewing several		
integrated in teaching these elements. Their	colleagues.		
portability in practice is the solution for ensuring	☐ I was Not upset anything.		
a high level of participation of students in their	☐ The fact that I was not prepared on the subject.		
own training and development.	☐ I didn't have enough time.		
☐ Freedom of speech and feedback in free	☐ Not bothered me nothing. There have been so		
speech. What I had learned.	many positive things that, if there were negative		
That revival of the game that turned us grumpy	and realize them.		
faces into smiles and joy, somewhat amusing and	☐ I felt a slight mental fatigue.		
enjoyable interviews.	☐I'm too hung up on me. A little tension.		
☐ The aggressiveness of the interview. The way	☐ Personal Mode of expression.		
you have been interviewed, some colleagues	I would like to ask		
seemed pretty pressured as well as the fact that I	It is the space provided to participants to		
dared more.	formulate questions that have not received		
☐ The mode of the day. That I got feedback from	sufficient space and that can be resolved over time		
the interview.	and integrated in future sessions. In order for this		
☐ That we have been offered the opportunity to	item to be effective, it is necessary to demonstrate		
see how it really is a job interview, so be	their utility through the immediate response to the		
prepared.	remarks on the first day! Such openness will be		
Sample interview. The fact that no interview	encouraged for recommendations and for		
was not like the other.	observing the mode of conduct and progress of		
☐ That was interactive, we could make jokes and	the sessions.		
seriousness of the game.	☐Opinions about our developments. We did the		
Teamwork, ideas that I could offer help, being	interview?		
in front of many people and at the same time.			

I	These are questions repeated often and can be	☐ To keep truck
	associated with a distrust of the participants, with	☐ Good luck!
	the need for them to receive constructive feedback	☐ To keep truck
	and real!	☐ Continue to d
	☐ When do thesechallenges?	☐ To be happy
	How important is communication capacity	to achieve through
	expression for someone who wants to get away?	☐ To remain as
	☐ What we write to professional experience on	activities / Not t
	your resume if you don't have than high school	really good.
	and faculty? / How to prepare myself for the next	☐ Kept to con
	future interviews?	them to support
	☐ What effect does the communication time for	of students.
	an interview on the employer?	☐ To focus mor
	Where we can participate in the classes of	the initiative in t
	knowledge and personal development?	☐ To continue s
	☐ How long does a debate of ideas among	
	multinational companies?	B. VALIDATE
	☐ When more such courses and organized	Pilot model pro
	training sessions?	powers and ski
	☐ Is there any skill or competence which might	guidance along
	be more important than all the others?	students to recei
	☐ I was all settled with where I had doubt.	their chances
	☐ I would like to know how I could improve the	perspective on s
	quality. This activity made me to dream about I'm	future.
	reaching an important person in a big company or	Counseling cond
	in my own company.	complementarity
	☐ When more come?	part of employab
	☐ If you can come?	The pattern can
	How could I control stage fright, how	relation to the
	communication?	methodology us
	I recommend to organizers	impact, through
	Constitutes a concrete and feedback directly to the	measure the effe
	address of the Organization and from which one	at the level of be
	can distinguish several categories of	Counseling pro
	recommendations:	developed spec
	Desire to attend similar sessions	account has bee
	☐ To do so, and in the city of meetings and in	interventions. I
	more detail.	increase the eff
	☐ To continue these projects on a longer period.	type if the proce
	☐ Still in Print To such trainings are increasingly	period. The PB
	more often for all the students, even the smallest.	defined as a
	☐ To organize such courses and trainings.	implementation
	To continue with these exercises for students.	The results me
	Matter a lot to us and help us in life, I hope and I	participants imm
	believe that.	level of percept
	Let us participate more often in such activity.	process and ref
	Let us announce when and where they are	carrying out sess
	doing such activities.	mind when into
	☐ To organize more activities like this to help me	course constitute
	in my personal development.	
	☐ To organize such competitions.	C. IMPACT ON
	☐ To extend the program.	We chose item
	☐ To extend the program. ☐ The continuation of this type of activity.	expresses directl
	Aspects of the correlation and professionalism	group.
	during the sessions praised	9P.
	The second of th	

# ☐ To keep trucking. ☐ Good luck! ☐ To keep trucking. ☐ Continue to do what I do. ☐ To be happy with what they have been unable to achieve through this trip. ☐ To remain as enthusiastic and to organize such activities / Not to quit this profession because it's really good. ☐ Kept to congratulate them and recommend them to support such projects with a large number of students. ☐ To focus more on personal development and on the initiative in the business. ☐ To continue so.

### **B. VALIDATED PILOTED MECHANISMS.**

Pilot model proposed by counselling out synthesis powers and skills demonstrated during the route guidance along the way to offer varied contexts for students to receive personalized feedback regarding their chances of employability as well as a perspective on skills that can be improved in the future.

Counseling concept defined in four steps aiming at complementarity and trans-occupational powers as part of employability.

The pattern can be subject to a validation process, in relation to the succession of stages and the methodology used as well as a validation process impact, through which it would be possible to measure the effects of these complex interventions at the level of beneficiaries, students.

Counseling process has used a set of tools developed specifically to this intervention and account has been taken of the time limitation of interventions. It was confirmed that it would increase the effectiveness and benefits of impact type if the process could be conducted over a longer period. The PBL-project based learning might be defined as a distinct stage with support for implementation of a project in the real context.

The results measured by the feedback of the participants immediately and directly relevant to the level of perception in relation to the participation process and reflects the mood immediately after carrying out sessions. This context must be borne in mind when interpreting the results, and they of course constitute limits the generalization of results.

### C. IMPACT ON THE TARGET GROUP

We chose items from feed-back forms, which expresses directly or indirectly effects on the target group.

☐ The activities of the team of today.

May be worth a detailed analysis and distribution of ☐ The fact that we learn basically. deep those effects, immediate-term and medium-☐ Competition. long term, than the distribution of cognitive aspects ☐ The fact that I had the opportunity to compete in respect of the field vs. behavioral vs. that of amongst ourselves. Sample pros and cons. The practical skills. way I managed to communicate between ourselves with the method debate What surprised me? These aspects can be musical works as an I would like to retain it for me expression of different work arrangements within This item is for representative addressed and is the framework of the sessions offered in relation especially noticeable with the distinct perception to working arrangements enshrined in the current participants feed-back for cognitiveeducational activity. behavioral attitudinal aspect and of practical Observations can be recovered by staff from skills. education to adequacy, update techniques with Cognitive aspects aspects that were appreciated by students and that ☐ Important things in connection with the can increase the attractiveness and effectiveness conduct of an interview. of activities. The things I have to be careful in an interview. About the lecturers and networking Useful Information for launching into a ☐ Near the front of the speakers. commercial company. His enthusiasm, their story, how you combine ☐ How important is each competence and skills work with play, but especially their success. that you can get from any at least satisfactory. ☐ I had the opportunity to put into practice what I ☐ I would like to remain with as much because learned. my knowledge will be helpful in the future. ☐ The story of our two guests. ☐ That there are plenty of things that are ☐ The fact that it was rehearsed for the interview. supposed to improve. About relevant content and inviting the ☐ The things that you need to develop in order to involvement achieve success. ☐ Interviews. ☐ The notion that you can harness to gain an ☐ The fact that the interview was very serious. advantage in a communication. ☐ Interview Simulations were super. ☐ That there are people with different ideas and The fact that we were put into a new situation. by conducting the interview. Aspects of practical skills ☐ I was surprised how tough it can be to a job ☐ I use my service flaws. ☐ The steps that you need to cover him for the interview. ☐ The fact that I had to go out in our area for your interview. The fact that I had the opportunity to comfort and to participate for an interview. experience the best thing about my interview. About teaching and learning techniques and Experience the interview today. ☐ To get out of proteins expressed will mount. their effects I was surprised a lot of conditions to work in a ☐ You must identify the field I feel best, more team, I'm not expected to do something so fulfilled and that to make me want to get up in the concrete, to carry out minor things from something quite interesting. Attitudinal behavioral aspects The fact that we were put in a situation where I ☐ That I have to do in life what I like, what have never been, and I surprised myself. makes me happy, but at the same time what I ☐ The fact that in today's meetings have been allowed to express ourselves freely. Everything can said in connection with the The fact that I was made to choose teams, since interview, how I should behave myself. the teams were already formed (note, it has gone ☐ The fact that I can overcome the condition. from a random choice to the one decided by the ☐ How important is it to you know you blogger. designated leader)  $\square$  How to treat me. ☐ To participate in as many interviews for my That I was made to debate a topic. ☐ The fact that I changed a part of thinking and personal development in communication. take to think it is a change for the better. ☐ All the best from these exercises, to extract all ☐ Sorts of activities, I was surprised at a few relevant information to me and the way those lovely people to be.

The fact that nothing is impossible and that we

all possessed unknown to me.  Self-confidence and self-control are very important. You have worked continually to emotional intelligence.  Aptitudes developed today.  All the things I've done.  To get out of my scope (for comfort).	
I recommend-myself	
This question is aimed at informing the subsequent reflections at the individual level through the establishment of certain components of the personal vision with concrete targets. Indirectly these elements can be interpreted and concrete effects to the level of participants in the	For the purpose of through the replay have proven usef through alternative
opening area, mobilization, engagement in the	_
process of personal development!	integration into va
☐ To turn defects into qualities and to get out o my spherical hull. ☐ To experience more, to be better at interview in the future and let me control my emotions in public.	operational plans. Frame structure
To apply what I learned / To be honest with me.	_
☐ To change something in my life, to realize something in my field or maybe something what I like more, realizing that over time. ☐ To begin to say all that I pass through my head without fear, because I think I should learn just	Targets and gindicators; That are defined level of the target g
so.  To sart today not tomorrow everything I want. To work on important details in an interview. I try to be relaxed in some situations. To be: open, friendly, Extrovert, conscientious mentally balanced (the schema of the OCEAN). Let me put the point of the expression. To be more audacious.	possible solutions validated by the properties of activities of the resources requactivities.
To give back never, no matter how difficult the task would be accomplished.	
To assimilate more.	the participants.
☐ To implement all the requests received, to change something in my life and I hope to be successful and to realize something. ☐ I mobilize myself to be more responsible in my development.	4. Conclusion We should keep the litems that are keep the litems.
my development.  Let me focus on developing skills and competence that currently does not define me.  I have confidence in myself.	with session for me with the staff of the
☐ To work continually at the trust in me and the emotional intelligence. Let me not be afraid to make a choice. ☐ To assimilate the information to which they had	problem, with act implementation.
access, and to do great things in the future.  To be more communicative, talking withou deductions, often feel that they can longer.  To assimilate more information in the future.	5 Aaknowlade

١	☐ To apply these things in the future.							
	☐ To put myself up to date with the news. To							
correct and improve your vocabulary.								
	☐ To make as many duels and information							
	exchange and to be more dedicated.							
	☐ To be attentive to things learned here and apply							
ı	them.							

### LITY

making the project sustainability , expansion of interventions that ulness, or other projects, either e resources at institutional level tructuration of information in a which then will allow their arious forms of applications for etly support the development of

of projects for expansion was hops with the participation of the erts in deployment.

ions are represented according to

	Targets	and	general	purposewith	measurable
ind	icators;				

d for the problem identified at the group;

ey were generate the proposed s, based on those piloted and oject implementation process;

uctured and results of these ely defined results together with uired for the implementation of

nodology -based on the cycle of has SHOWN EFFECTIVENESS **OBJECTIVES** SS FROM the PERSPECTIVE of

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lementary elements: Lifecycle embers of the companies together e University.

a distinct unit of PBL, for a real tual (REAL) project design &

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